



ASIST

Applied Suicide Intervention Skills Training

Over the course of their
2 day training,  ASIST
participants will learn to:

Notice and respond to situations
where suicide thoughts
might be present



Identify an at-risk person
and make a plan to help



Move beyond the common
tendency to miss, dismiss,
and avoid suicide



Apply a suicide
intervention model



Know community resources
and how to connect someone
with thoughts of suicide to
them for further help



Participants will receive a
Certificate of completion



LivingWorks is a company specializing in suicide intervention trainings.



Suicide is preventable;
ANYONE can make
a difference.



**TRAINING OPPORTUNITY
AT TRACEN PETALUMA**

DATE: 28-29 February 2024

TIME: 0800-1530

PLACE: Lighthouse Chapel

UNIFORM: Business Casual

**This workshop is FREE.*



LEARN THE SKILLS.
HELP SAVE A LIFE.

Use this QR code to RSVP.



TO GET MORE INFO: Kimberlee.j.sullivan@uscg.mil or call 765-7330